



Glanbia Performance Nutrition
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Are these Pressure Holes in the seal intentional?

Yes. The FDA-approved seals affixed to the top of our containers utilize product-safe vents that appear as small holes in the seal. These vents are intentional, purposeful and mechanically-placed to allow for pressure balancing while protecting the contents from physical contaminants. This type of venting is necessary to prevent products from collapsing and being crushed as a result of pressure changes at high altitudes or temperature changes, and is commonplace in packaged, fresh and frozen foods, and products like peanut butter, bagged vegetables and more.

While other products may have an array of pressure holes spread across the entirety of the pressure seal, we conducted tests to ensure we are using the minimum number of holes to be effective in preventing product crushing.